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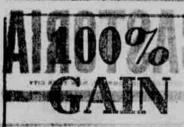
Eyestraio frequently results im slight variations in the

shape of the eye, which prevent rays of light from focusing exactly on the retina.

If the variations are but slight the eye muscles will automatically change the shape of the eye sufficiently shipe of the eye sufficiently to produce distinct vision. Such undue exertive, however, will in time result in

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TELLS A STORY OF GROWTH OF UBLIC CONFIDENCE AS REPRESENTED BY THE IN-CREASE IN THE DEPOSITS OF THE

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FLOWERS FRESH + . IN THE HOME FOR DAYS .- .

. In many five and ten cent . 4 to be had, some with a little 4 # metal container, and you cannot . imagine how pretty the bright . . golden flowers or the despised & ◆ weed and its graceful serrated ◆ ♦ leaves look against the russet ♦ * weave. A few withered seed * vessels of last year's asters, a ◆ budding bramble or branch-in ◆ + fact, anything that grows-will + 4 brighten the dullest, dreariest 4 · room. But most of us can afford · an occasional quarter for more 4 + pretentions blooms, and it is well ! to know the best methods for & skeeping them fresh for as long a & * place, cut off all foliage that will & go below the water. If the 9 . cannot expect the water to keep &

+ example, slit them up for about + + an inch to allow the moisture + 4 to suck up more freely. The next 4 4 consideration is the kind of wa- 4 A ter. Do not ever the flowers into 4 4 jey cold water, but temper it so 4 ♦ wilted plunge the stems into • boiling hot water for a second & o and then into cool and you will o be astonished to see how they

will revive. A little sait or a lump of charcont mided to the water will . should be changed every day and 4 the vases scalded with very hot & water; then cut a tiny scrap off & the end of each stem and renace 4 s all leaves or blossoms that are & withered before returning to the 4

With these little attentions & * flowers will last for several * o days, but it is better to pay a o . reliable florist's where you can & d be certain that they are really & A freez than to buy many from o the fess expensive stores or & stands which are frequently sup- & o plied with the day or two day of

Cheerfulness is what greases the

axles of the world; some people go

Many Bennington People in Poor

Health Without Knowing the Cause

drag out a miserable existence with-

out realizing the cause of their suffer-

ing. Day after day they are racked

with backache and headache; suffer

from hervousness, dizziness, weak-

ness, languer and depression. Per-

haps the kidneys have fallen behind

that may be the root of the trouble.

their work-give them the help they

need. You can use no more highly

years ago my kidneys became disor-

dered and I suffered from backache

Doan's Kidney Pills were recommend

ed to me and after taking several

boxes, I was relieved. I can recom-

mend Doan's Kidney Pills as an ex-

Price 50c, at all dealers. Don't

simply ask for a kidney remedy-get

Mr. Pilling had. Foster-Milburn Co.,

bors in Bennington.

cellent kidney medicine."

There are scores of people who

through life creaking.

e o'd flowers from the better class &

planned that an hour extra of danc-

will start promptly at 2.30. During the next two or three days while a culvert is being put in just west of the grounds of the Vermont soldiers' home the highway will be closed. Permission has been obtained

through the home grounds. gess and Miss Jennie Louise Burgess.

Look to your kidneys, assist them in Miss Carolyn Putnam Webber, who lectures at the new High school nextweek on Monday and Tuesday afterrecommended remedy than Doan's noons at three says that the drudgery Kidney Pills-endorsed by people all supposed to be inflicted upon the woover the country and by your neighmen of Bennington by the kitchen work is entirely done away with in B. M. Pilling, painter, 135 North the Art of Cooking, which can be St., Bennington, says: "Four or five easily mastered. Remember the dates upon which you are invited to hear Miss Webber on the Art of Cookery.

The management of the girls' basket ball team has been unable to sche dule a game for Friday evening as previously announced. Williamstown will come here either on next Wednes day evening, April 18, or Saturday, the 21. The last game of the season will Doan's Kidney Pills-the same that be played on the local floor with North Adams on Friday, April 27. The closing of the season for this year has been delayed because a great many people have expressed a desire to see this championship team play

Certain-teed or Standard WALL BOARD Because it is the best by test and quality for the money. You should investigate. PLASTER BOARD, PULP PLASTER, LIME, CEMENT, HARDWARE, Etc.

Store of Quality and Service

A. H. WINSLOW

YOU SHOULD BUY

PHONE 383-M

BENNINGTON BRIEFS

Naws of the Town and Village Told Briefly for Busy Readers

Miss Alida M. Chase of Pleasant street is confined to the house by ill-

Ram-a-zam? is in all its glory at the Foresters' Indoor Carnival each and every night. Adv.

Every one wants a "Hula Hula" doll. Get one tonight at the Foresters' Indoor Carnival. Adv.

Five big vaudeville acts a feature picture and Hurley's orchestra at opera house tomorrow. Adv.

Mrs. Lawrence Gokay and daughter Isabelle is spending the week at Mrs Gokay's former home in Troy.

Mrs. E. P. Dickinson is in Pittsfield where she is caring for Mrs. James Martin who is ill at her home there. have been visiting at their former homes here, have returned to Pitts

You can see a rip roaring Fox comedy entitled "Brainstorm" in two parts at the Harte Theatre today.

Wm. Fox presents Stewart Holmes in "The Scarlet Letter" by Nathaniel Hawthorne at Harte Theatre today

Mrs. E. A. Booth has returned from Albany where she has been the guest for several days of Mr. and Mrs. F W. Froehlick.

The ladies of Bennington are invited to attend the Betty Wales reception at the Nichols Specialty Shop Friday

Louise Huff and Jack Pickford (Mary's brother) in "Great Expecta-tions" by Charles Dickens. Harte Theatre tomorrow, Adv.

The Ladies' Minstrels and Cabaret Quartette will be the star number of the Foresters' Fair tonight. See program eisewhere in this paper. Adv.

The girls who volunteered to help Miss Vossler with the programs and favors for the reception are asked to come to library hall at 2.30 tomorrow

Remember there will be just one show from eight to ten thirty at opera tomorrow night. Admission stairs 25 cents, up stairs 15

Hugh F. Gibson and family have moved from the Hare house on Union street to the Burt house on the same street which was formerly occupied by Mr. and Mrs. S. B. Hawks. The members of the Knights of

Oriumbus ball committee are all requested to be present at a meeting to be held at the rooms at 7:30 share this evening to close up the business of the committee. The employes and directors of the

Bennington Hoslery company had a flag raising Wednesday noon when they raised a beautiful American flag which they had purchased by contributlon of the whole force.

Five by eight feet bunting flags at so, Fast colors and will give outdoor service at Evans'. We were only able to procure a few, get them early, \$3 and \$5 outlit including pole halyard and holder. Adv.

William Parker, a former resident who has been employed in Pittsfield for some time, is at his home here tak ing a short vacation. He has recently returned from Cramer, Ind., where he has been undergoing treatment for

Children! Please notice that the hour for the dancing class reception has been changed from 3 o'clock to 2.39 as such a long program has been ing will be given. The grand march

of Superintendent Martin for a detour

Ralph Everett Turner of Woodford and Loumetts May Hill of Bennington were united in marriage at the Metho dist parsonage Tuesday evening, April 10., by Rev. P. L. Dow. They were accompanied by Geroge Harold Bur-

in their work of filtering the blood and



Betty Wales Reception

Friday Afternoon From 3 to 5 o'clock

All the latest styles in BETTY WALES Afternoon Dresses

will be on exhibition and

You are invited to become acquainted with these popular garments

Serge Dresses

Silk Dresses



Sport Dresses

Party Dresses

Dainty Favors will be Given Away

REMEMBER! The only place in town where BETTY WALES can be bought is at

The Nichols Specialty Shop

WHAT A GARDEN DID.

How One Ambitious Girl Added to Her

Bank Account.

Eight years ago a twelve-year-old

girl in Cleveland started a little garden

for vegetables and dowers. Flowers

she sold that year brought her \$18.45.

It was a great sum, and she could

hardly walt until the next spring so

amounts. Last year she came out with

\$255.03. She was a capitalist and

could talk with the calm superiority of

"I am able to buy all my school.

books, clothe myself, spend some for

pleasure and still add to my bank ne-

A fine young woman. At twenty we

can imagine her. She has no complaint

in the world. Her garden is a pleas-

ant place, friendly to self reliant young

people, remunerative for lubor god

pains, filled with the sweet odor of

flowers. Sorrow may come to her some

day, but never the some of helpleis-

ness. The garden has taught her, as

school and her parents' counsel could

not have, that always there is a way

by which the wolf can be kept from

the doorstep and by which despair to

made an unknown quantity.-Toledo

Purifies

agent for all external skin troubles. Conceals

permanent blemishes

color. Ideal for correcting

Gouraud's

Oriental Cream

Send 10c, for Trial State FERD, T. HOPKINS & SON, New York

the class.

MANCHESTER

Miss Lanner of Rutland, a trained urse, is caring for Mrs. Owen Smith Mrs. James Calahan is caring for

Mrs. Owen Smith who is seriously ill. The sad news of the sudden death of Matthew Brady was received here Regular services in -the Baptist

church next Saturday morning

Mrs. Cleora Phillips spent last Wednesday in Arlington with Mrs. Mary

The Service club of the Bautist church will meet Friday afternoon in the vestry.

The Mary Francis sewing circle will meet Tuesday, April 17 with Miss Ruth Holt. Mrs. James Jameson and Mrs. Earle

Marsh were in Rutland on business last Saturday Sunday school in the Baptist church

Sunday morning at 10 o'clock instead of at noon. Mr. and Mrs. John Scott of Bennington spent Saturday and Sunday with

friends in town. Miss Mildred Marshall and her mother have moved to rooms in Miss Hanaman's house.

Miss Louise Wyman, who spent her Easter vacation at home, returned to New York Saturday

Eight were received into membership of the Baptist church by baptism at the evening service, April 8. Miss Marion Hotsford, who has been

spending her vacation at home return ed to her school in Rupert Sunday. Rev. Joseph Brown was in Rutland Monday attending the regular meet ing of the Shaftsbury ministers associ-

Miss Mildred Cressey, who spent ; few days of her Easter vacation with friends in town, returned to her school in Westminster Monday

Aunt Fannie Dean will celebrate her 84th birthday anniversary next Thursday. Friends are invited to meet at her house at 2.30 p. m. Refreshments will be served.

The men's class in the Baptist Sun day school has been reorganized with a good attendance. All men eighteen years old and upwards are cordially in vited to join with us.

Sidney Parker, who has been ill for the past year died at the home of hi brother-in-law Selwys Brush Thursday at 12 o'clock. The funeral will be held at the house Thursday at 10 o'clock Rev. Joseph S. Brown will of ficiate. The body will be placed the vault and later taken to Michigan. During Mr. Parker's long illness he has been tenderly cared for by his brother-in-law and niece. Mr. Parker was 78 years of age.

Artificial Snow.

A curious instance of the formation of artificial snow was witnessed at night on one occasion in the town of Agen, in France.

A fire broke out in a sawmill when the temperature was 10 degrees below freezing point. The water thrown upon the fire was instantly vaporized and. rising in the cold, dry air, was immediately condensed and fell as snow. snow above and the raging fire below. a brilliant opectacle was presented.

COOKING POTATOES.

Waste That Comes With Paring and Spaking Before Boiling.

Paring and cooking is the most waste ful method, and added to this some cooks sonk the polatoes in water after they are pared. Starting to cook them ! in cold water also adds to the amount

Twice as much putritive matter is lost if paring is done before boiling as she could get at that gold mine of hers there is if it is done after bolding, not ligati. The next year she climest doufiguries the waste in cutting away the points. The jidees of the points contain 85 per cent of the protein and 85 after saw money roll in in increasing per cent of the ash, and these substances are easily extracted when the protection of the skin has been re-

moved. A pared potato soaked from three to five hours loses about three times as much of its mineral matter and seven times as much of its protein as one that is pared and immediately cooked.

In the most wasteful method of cooking, paring, soaking and starting to cook in cold water the loss of protein is 51 per cent and 39 per cent of ash. When cooked with the skins on potatoes not soaked and dropped into boil. ing water lose only 1.6 per cent of protein and only 4.9 per cent of ash. Baking and steaming are the most

economical methods of cooking potatoes when fuel is considered. Potatoes cannot be baked well in a slow oven .-New York Sun.

One Great Truth of Life.

The one great truth to which we all need to come is that a successful life Hes not in doing this, or going there, or possessing something else; it lies in the quality of the daily life. It is just as surely success to be just and courteous to servants or companions or the chance comer as it is to make a noted speech before an audience, or write a book, or make a million dollars. It is achievement on the spiritual side of things. It is the extension of our life here into the spiritual world that is alone of value. This extension is achieved, this growth toward higher things is attained, by our habitual attitude of mind. It develops by truth and love and goodness. It is stunted y every cavious thought, every unjust or unkind act .- Lilian Whiting.

Dinggest Knows A good Medic ne

I began to sell Dr. Kilmer'sSwamp Root scon after it was put on the market and I have never heard a single customer who used it complain regarding the results obtained. I have taken Swamp-Root myself and I am always pleased to recommend it because I believe it to be a very good medicine. Very truly yours.
G. M. MILLER, Druggist. May 5, 1916. Bethel, Vermont.

Letter to Dr. Kilmer & Co., Binghamton, N. Y. Prove What Swamp-Root Will Do

For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys With bright starlight and a strong and bladder. When writing, be sure northwest wind blowing, the whirling and mention the Bennington Evening Banner. Regular fifty-cent and onedollar size bottles for sale at all drug

NOTICE!

Painting, Paper Hanging, Decora-ting and Hardwood Finishing. OCTAVE J. LASSOR



For GOODNESS Sake

-BUY---OUR LUMBER

DURABLE] GOOD SOUND NESS

IT CAN'T BE BEAT

NO BETTER LUMBER EVER GREW WE HAVE THE STOCK IT'S SOUND AND DRY WE MAKE THE PRICES TOO

AS LOW AS CAN BE MADE

Theo. A. Carpenter & Sons

There are a great many ways of advertising a business

> But nobody has ever improved on the good old-fashioned plan of telling the plain truth.

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Absolutely Reliable Insurance and no other kind